


## DIPLOMA OF YOGA TEACHING 10554NAT

Slow down Expand your heart Still your mind Nourish your body Honour your soul Embrace the whole



PRACTICUM & TUTORIALS (weekly)		4 YOGA RETREATS
<b>Mon</b>	6-9pm (3hrs)	24-26 July 2015 Healthy mind, healthy body
<b>Tues</b>	5.30-9pm (3.5hrs)	7-9 August 2015 Meaning, purpose, happiness
<b>Wed</b>	4.30-9pm (4.5hrs)	16-18 October 2015 Believe in Yourself
<b>Thurs</b>	10.15am-1.30pm (3.25hrs)	6-8 November 2015 Emotional Wellbeing
 <p><b>OPTIONAL</b> Mudras and Classical Indian dance Thursday 4.30-5.15pm Bollywood Thursday 6.30-7.15pm</p>		<p><b>LIVING YOGA RETREATS</b> 4 weekend residential retreats Friday 4pm - Sunday 4pm 87 Binnaburra Rd, Beechmont. QLD</p> <p><b>These include</b> shared accommodation, delicious, healthy, vegetarian meals, program and yoga duties.</p> <p>Massages, wellness treatments, single room upgrade and special diets are available as optional extras.</p>

Term One 2015: Monday 13 July - Fri 18 Sept 2015  
 Term Two 2015: Tuesday 6 October - Friday 11 December 2015  
 Term Three 2016: Wednesday 27 Jan - Thurs 24 March 2016  
 Term Four 2017: Monday 11 April - Fri 24 June 2016

Holidays: 19 Sept - 5 Oct  
 Holidays: 12 Dec - 26 Jan  
 Holidays: 25 Mar - 10 April  
 Course Ends: 24 June 2016

International students MUST attend all classes outlined on this timetable. Failure to attend the above fixed schedule will result in the student facing the consequences of being reported to the Department of Immigration and Citizenship and will risk losing their visa.